

Millennium Express 5th Annual Track & Field Meet

1st Call: 7:30a.m.

Start: 8:00a.m.

April 21, 2007 at Mira Mesa High School

Please note that the deadline for all athlete entries will be Tuesday, April 17, 2007. Coaches, for seeding purposes, send best times for the 100, 200, and 400 meter events. Submit all entries on a disk using the Hy-Tek, Meet Management Program. For those that do not have Hy-Tek, you may submit entries via email to mxtc2001@aol.com. On your submitted entries, provide an e-mail address in order to receive all pre-meet information. Please review your information carefully upon receipt as there will be no corrections accepted after Thursday, April 19, 2006.

Running Events

<u>Events</u>	<u>Round</u>	<u>Divisions</u>
1500M	Final	Bantam – Int.
100M	Final	Sub-Bantam - Bantam
800M	Final	Bantam – Int.
200M	Final	Midget – Int.
4X100	Relay	Sub-Bantam – Youth
400	Final	Bantam – Int.

Field Events

High Jump	Final	Youth, Int., Bantam, Midget
Long Jump	Final	Int., Youth, Midget, Ban., Sub.
Mini- Javelin	Final	Midget, Sub., Int., Ban, Youth
Shot Put	Final	Bantam, Midget, Youth, Int.
Discus	Final	Int., Youth, Midget

Field events will run simultaneously on a continuous basis.

If there are any questions or concerns, feel free to contact Duane James at (858) 695-0821 or MXTC2001@aol.com.