

USA ROCKETS YOUTH TRACK CLUB
2nd ANNUAL
DEVELOPMENTAL
TRACK MEET

Date: May 10, 2008

Site:

Valhalla High School
1725 Hillsdale Road
El Cajon, Ca 92019

Directions :

From 805S merge onto 94E merge onto JAMACHA RD./54N
Turn right onto HILLSDALE school is on right.

Facility: 10 Lane All Weather Track

Time: Coaches meeting: 8:20 a.m.

All events begin at 9:00 a.m.

First Call at 8:45 a.m.

NO DAY OF THE MEET ENTRIES

Entry Fee: \$6.00 per athlete.

Limitations: Sub-bantams, Bantams, and Midgets are limited to 3 events.

Youth and Up 4 events

Awards:

Ribbons for 1st thru 6th place

Schedule of Events

Running events - First Call 8:45

1st running event - 9:00 a.m.

RACE WALK WILL START AT 8:a.m.

3000rw Midgets - Up

1500m Bantams - Up

400m Sub - Bantams - Up

4x100m Sub - Bantams - Up

100m Sub - Bantams - Up

1500rw Bantams - Midgets Only

110mh Intermediate Boys Only

100mh Youth Girls , Youth Boys, Intermediate Girls Only

80mh Midgets Only

200m Sub - Bantams - Up

4x400m Sub - Bantams – Up

Field Events - First Call 8:45

Field Events begin 9:00 a.m

**SUB-BANTAMS 2 THROWS 2 JUMPS BANTAMS -UP 4 THROWS 4 JUMPS
NO FINALS**

High Jump Bantams- Up

Long Jump All Divisions

Mini Javelin Sub-Bantams- Midgets

Shot Put Bantams- Up

Discus Midgets- Up

Javelin Youth - Up